



Ottawa & District Labour Council  
Conseil du travail d'Ottawa  
et du district



Occupational  
Health Clinics  
for Ontario  
Workers Inc.

Centres de  
santé des  
travailleurs (ses)  
de l'Ontario Inc.

# Spring into ACTION Health & Safety Forum Virtual Event

**Informative, Effective, Applicative**

## **Speakers/Info Sessions:**

- COVID - Pandemic Survey - John Oudyk, OHCOW
- Tools for Mental Health during COVID - Troy Winters, CUPE
- COVID Long-haulers - Chandra Pasma & Dr. Pravesh Jugnundan
- Cleaning safely during COVID - Todd Irick, OHCOW
- Asbestos-Free Canada - Keynote Speaker: Alec Farquhar

## **Who should attend?**

Everyone is welcome.

This conference will benefit all workers.

## **Itinerary**

Friday, April 16, 2021

Welcome 9:45 a.m.

Info sessions

Lunch break

Info sessions

Closing Remarks 2:30pm

Free event

ODLC Health & Safety and Environment Committee, ODLIC Education Committee  
OHCOW Local Advisory Committee

For more information, please contact Jennifer Moore of ODLIC at [Jennifer@ottawalabour.org](mailto:Jennifer@ottawalabour.org) or  
Jennifer Skuce of OHCOW at [jskuce@ohcow.on.ca](mailto:jskuce@ohcow.on.ca)

Pre-Registration is required, please click the link below:

<https://us02web.zoom.us/meeting/register/tZMucOivpjkoHdT9OZvGlan6XFVCcrkRrt7E>